



SINGLE BONG 20K

Kansasville, WI

23 April 2006



MID AMERICA TIME TRIAL SERIES

It was a calm day, very, very early in the morning. At the start line it was just a breeze swirling. But as you rode south past the tree lined route 75 along Bong Recreation Area and into the open ranch/farm area of Brighton, WI the wind made its presence known. The battle against the wind as you rode west was not so bad but after the second turn heading north up that long incline, well I hoped the last leg east on the very smooth route 142 to the finish line would be much easier. East to the finish line at 30+ mph, was I happy, cranking the pedals at a 90rpm the 56x11 was not enough, perhaps I need to learn to spin faster. From a distance the finish line (3 orange cones and an orange flag on each side of road, plus the ABR banner) was easy to see, so I put every last bit of energy into the pedals to almost break a personal record.

Every 30 seconds to 2 minutes the corner guards waved their flags directing the racers through the turns in the blazing sun and 20 mph winds. Sometimes you could hear them yelling "where are you going, turn around, come back here", as a rider deep in concentration misses the turn. "...Well, I saw the cones, the arrow signs and the guy pointing with the orange flag but for some reason I thought I should go straight".

"That recumbent scared me, I heard something coming up fast from behind, when I looked back I thought it was a big black dog. Not until it past by did I realized it was a very low recumbent, it was only a couple feet high. He easily was going 5 miles an hour faster." He finished about one minute slower then rockets Reid and Bryce.



Handle Bar winner William Wachholz, ABD, West Chicago, IL

Thanks for the additional prizes:

Tyger's Recumbent Cycles, 510 W. Main, Dakota, IL 815-449-2203
26:51.89 Alan Arial, low boy recumbent

FASTEST RIDERS of the day

| Fastest Women | Name & category raced | | Club | Time |
|------------------------------|-----------------------|----------|---------------------|----------|
| 1 | Tara | Sheetz | Unattached | 31.18.50 |
| 2 | Diane | Roanhaus | Team Wisconsin | 31.10.30 |
| 3 | Jane | Rinard | Midwest Masters | 32.19.09 |
| Fastest Overall Times | | | | |
| 1 | Reid | Mumford | Athletes by Design | 25.28.14 |
| 2 | Bryce | Mead | Athletes by Design | 25.38.09 |
| 3 | Michael | Zellman | Team Mack | 27.00.36 |
| 4 | Brad | Tisdahl | Project 5 / Swanson | 27.13.07 |
| 5 | Robert | Jungles | Athletes by Design | 27.51.64 |
| 6 | Dave | Eckel | Team Wisconsin | 28.06.84 |
| Fastest Juniors | | | | |
| 1 | Jessica | Prinner | Athletes by Design | 34.04.44 |
| 2 | William | Boyle | Unattached | 34.44.76 |
| 3 | Mike | Redlich | Athletes by Design | 49.29.70 |

MATTS RESULTS

Ability Category, Age Group, Recumbent & Tandem

| Category | First | Last | Club | Time |
|-----------------------|-------------|-------------|------------------------|----------|
| Category 1 / 2 | | | | |
| 1 | Reid | Mumford | Athletes by Design | 25.28.14 |
| 2 | Bryce | Mead | Athletes by Design | 25.38.09 |
| 3 | Brad | Tisdahl | Project 5 / Swanson | 27.13.07 |
| 4 | Robert | Jungles | Athletes by Design | 27.51.64 |
| 5 | Brett | Stewart | Athletes by Design | 28.53.05 |
| 6 | Kevin | Stephens | Project 5 / Swanson | 30.02.62 |
| Category 3 | | | | |
| 1 | Curtis | Bice | Team Mack | 28.14.47 |
| 2 | Jim | Scott | Apache | 28.45.14 |
| 3 | Demian | March | Met Life | 29.14.61 |
| 4 | Christopher | Soltis | Project 5 / Swanson | 29.50.17 |
| 5 | Jim | Flanagan | Unattached | 30.05.97 |
| 6 | Scott | Hockenberry | The Bike Shop/Tin Fish | 30.40.47 |
| 7 | Joel | Molitor | Athletes by Design | 31.06.40 |
| 8 | Robert | Sandle | Unattached | 32.03.91 |
| 9 | Roger | Brand | Mojo Multisports | 32.37.27 |
| Category 4 | | | | |
| 1 | Derric | Ungaro | Team Mack | 28.37.71 |
| 2 | Jeff | Michaels | Lot Polish Airlines | 29.23.81 |
| 3 | Tim | Pacholski | Speed Zone | 30.11.16 |
| 4 | Brian | Coll | Apache | 30.43.79 |
| 5 | Oz | Ozguc | Athletes by Design | 30.46.00 |
| 6 | Voytek | Glinkowski | Lot Polish Airlines | 31.03.32 |
| 7 | Ken | Letkeman | Unattached | 31.54.69 |
| 8 | Gary | Peterson | Apache | 32.07.06 |
| 9 | Peter | Allen | XXX Racing / Athletico | 32.16.83 |
| 10 | Mark | Tanka | Unattached | 32.29.95 |
| 11 | Mitchell | Kauppila | Hayes | 32.47.58 |
| 12 | David | Ingham | Unattached | 33.25.90 |
| 13 | Michael | Bond | Unattached | 34.01.07 |
| 14 | Brad | Reid | Team Mack | 34.06.98 |
| 15 | Peter | Nanni | Unattached | 34.12.90 |
| 16 | Brian | Sielski | Team Apache | 35.51.14 |
| Masters 30+ | | | | |
| 1 | Michael | Zellman | Team Mack | 27.00.36 |
| 2 | Thomas | Letzel | Met Life | 28.17.49 |
| 3 | Robert | Jungles | Athletes by Design | 29.00.61 |
| 4 | Zbgnew | Demel | Unattached | 30.30.73 |
| 5 | Travis | Goodlund | Stoton Cycle | 30.38.86 |
| 6 | Krystian | Pac | Lot Polish Airlines | 31.06.56 |
| 7 | Paul | Roltgen | Brazen Dropouts | 31.20.37 |
| 8 | Robert | Sandle | Unattached | 32.42.46 |
| 9 | Mariusz | Klus | Unattached | 32.55.54 |

| | | | | |
|--------------------|----------|--------------|----------------------------|----------|
| Masters 40+ | | | | |
| 1 | Dave | Eckel | Team Wisconsin | 28.06.84 |
| 2 | Dan | Verner | Redline Racing | 28.20.49 |
| 3 | Jeff | Tumbleson | LAPT/Spin Doctors | 28.25.66 |
| 4 | James | Kambol | Velo Club Roubaix | 28.31.36 |
| 5 | Kurt | Otter | One Percent More | 28.40.44 |
| 6 | Gary | Hosters | Vision Quest | 28.49.06 |
| 7 | Jim | Saplis | Apache | 29.38.03 |
| 8 | James | Rose | Redline Racing | 29.51.61 |
| 9 | Jeff | Bird | Athletes by Design | 29.53.23 |
| 10 | Andrew | Tschampa | The Bike Shop/Tin Fish | 30.33.49 |
| 11 | Steve | Bielski | Athletes by Design | 31.34.95 |
| 12 | Mark | Ackerman | The Bike Shop/Tin Fish | 33.10.47 |
| 13 | Richard | Mstowski | Athletes by Design | 33.31.83 |
| Masters 50+ | | | | |
| 1 | Jim | Host | The Bike Shop/Tin Fish | 28.35.23 |
| 2 | Richard | Kreutzfeldt | Vision Quest | 29.24.75 |
| 3 | Charlie | Thalhiemer | Team BBC | 29.55.22 |
| 4 | David | Goetzing | Chain Reaction Free Flight | 30.08.88 |
| 5 | Rick | Green | Lightingbolt | 30.43.80 |
| 6 | Richard | Proskurnicki | Redline Racing | 31.04.93 |
| 7 | Thomas | Kramer | Team BBC Racing | 31.08.50 |
| 8 | Alan | Pollack | Vision Quest | 32.33.19 |
| 9 | Jim | Roth | The Bike Shop/Tin Fish | 32.47.21 |
| 10 | Mark | Hawn | Vision Quest | 33.01.20 |
| 11 | Patrick | Kilroy | Unattached | 33.36.27 |
| 12 | Brad | Reid | Team Mack | 33.38.66 |
| 13 | John | Rodino | Athletes by Design | 33.40.48 |
| 14 | Julian | Coupland | Alberto's Sport | 34.03.90 |
| 15 | Gene | Woloszyn | Redline Racing | 34.11.77 |
| 16 | Greg | Iverson | Team BBC | 34.33.71 |
| 17 | Mario | Maiorano | Athletes by Design | 35.03.76 |
| 18 | Art | Hicks | Pedal Moraine | 35.15.66 |
| 19 | Terrence | Cerwin | ABD | 35.37.19 |
| 20 | Al | Stern | Velo Club R | 39.09.10 |
| 21 | Don | Janes | Athletes by Design | 41.26.36 |
| Masters 60+ | | | | |
| 1 | Ken | Roanhaus | Team Wisconsin | 28.50.40 |
| 2 | James | Stewart | Trek Bike Store | 30.48.58 |
| 3 | Steve | Presti | Team Mack | 32.19.22 |
| 4 | Gene | Nozicka | Alberto's Sport | 33.32.21 |
| 5 | Richard | Kohlman | Vision Quest | 34.45.09 |
| 6 | Bill | Kallas | Athletes by Design | 34.49.10 |
| 7 | Garry | McGovern | Redline Racing | 36.31.95 |
| 8 | Victor | Alcazar | Unattached | 37.06.22 |
| Masters 65+ | | | | |

| | | | | |
|---------------------|--------------|---------------|------------------------|----------|
| 1 | Peter | Alexander | Midwest Masters | 31.58.66 |
| 2 | William | Goodger | Midwest Masters | 32.06.84 |
| 3 | Richard | Keller | Midwest Masters | 35.37.30 |
| 4 | John | Krehbiel | Midwest Masters | 37.30.19 |
| 5 | William | Wachholz | Athletes by Design | 38.09.62 |
| Masters 70+ | | | | |
| 1 | Bob | Herbert | Midwest Masters | 35.32.13 |
| 2 | Pat | Murphy | Athletes by Design | 37.13.72 |
| 3 | Gerald | Beam | Lightning Bolt | 43.46.78 |
| Juniors | | | | |
| 1 | William | Boyle | Black Hawk BC | 34.44.76 |
| 2 | Mike | Redlich | Athletes by Design | 49.29.70 |
| Junior Girls | | | | |
| 1 | Jessica | Prinner | Athletes by Design | 34.04.44 |
| Recumbent | | | | |
| 1 | Alan | Arial | Low Boy Racing | 26.51.89 |
| Tandem | | | | |
| 1 | Jim & Gene | Rose/Woloszyn | | 30.11.64 |
| 2 | James & Doug | Johnson | Apache | 44.22.65 |
| Women 40+ | | | | |
| 1 | Tara | Sheetz | Unattached | 31.18.50 |
| 2 | Mary | Mylis | Endeavor | 34.52.25 |
| 3 | Jennifer | Cerwin | Athletes by Design | 36.29.37 |
| 4 | Pam | Kassner | Team 4 Racing 4 Cancer | 39.23.61 |
| 5 | Christy | Hoff | Midwest Masters | 40.17.51 |
| 6 | Cathy | Hicks | Pedal Moraine | 43.24.67 |
| Women 50+ | | | | |
| 1 | Diane | Roanhaus | Team Wisconsin | 31.10.30 |
| 2 | Jane | Rinard | Midwest Masters | 32.19.09 |
| 3 | Kathleen | Corbett | Midwest Masters | 32.54.80 |
| 4 | Sheila | McGuirk | Midwest Masters | 35.21.89 |
| 5 | Debi | Nutting | KR Bike Club | 40.30.19 |
| 6 | Karen | Larson | Endeavor | 44.27.91 |
| Women 60+ | | | | |
| 1 | Patricia | Beam | Lightning Bolt | 37.18.25 |
| 2 | Marianne | Kron | Team Mack | 39.04.70 |
| Women Open | | | | |
| 1 | Christine | Palmquist | QuavR | 33.46.42 |
| 2 | Gwen | Hosters | Vision Quest | 36.25.32 |

CONGRATULATIONS RIDERS

Next MATTS events are:
May 7, Albertos 20K, in Hebron, IL

Question on results email: cewbike@tds.net or call 262-654-6773